

MONTAG DIENSTAG MITTWOCH DONNERSTAG

Lunchyoga
12.15 - 13.15

Lunchyoga
12.15 - 13.15

Hatha basic
17.30 - 19.00

Hatha mix
17.30 - 18.45

Hatha basic
17.30 - 19.00

Vinyasa flow
19.15 - 20.30

Yin Yoga
19.15 - 20.30

Yoga & Meditation
19.15 - 20.30

Hatha flow
19.15 - 20.30

INFOS & ANMELDUNG

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MAYUR YOGA