

MONTAG DIENSTAG MITTWOCH DONNERSTAG

Lunchyoga

12.15 - 13.15

Hatha basic

17.30 - 19.00

Hatha Yoga

17.30 - 19.00

Vinyasa flow

19.15 - 20.30

Yin Yoga

19.15 - 20.30

Yoga & Meditation

19.15 - 20.30

Hatha flow

19.15 - 20.30

INFOS & ANMELDUNG

ELENA BUNDELA 076 433 20 46 WWW.MAYURYOGA.COM



MAYUR YOGA